

REPORT TO: Safer Policy and Performance Board

DATE: 12th June 2018

REPORTING OFFICER: Strategic Director – Enterprise, Community and Resources

PORTFOLIO: Community Safety

SUBJECT: Alcohol and Substance Misuse in Halton

WARDS: Borough Wide

1.0 PURPOSE OF THE REPORT



1.1 To update the board on the work carried out to tackle Alcohol and Substance misuse across the partnership in the Borough



2.0 RECOMMENDATION: That

- 1) **The report be noted; and**
- 2) **The Board consider the information presented and raise any questions of interest or points of clarification following the presentation.**

3.0 PROGRESS AGAINST RELATED LAA TARGETS

3.1 The task below shows the progress being made in relation to the targets set in the Community Strategy.

Sustainable Community Strategy Area Partner Indicators							
CCC 19 SCS SH7a	Increase the percentage of successful completions (drugs) as a proportion of all treatment (over 18)	17.3% (2016/17)	Above NW Average	19.7% (Dec 16 – Nov 17)			Successful completions (according to the NDTMS website) show good progress against the national (14.9%) and North West (16.1%) averages. The Halton percentage has increased from the same period the previous year (18.5%).

CCC 20 SCS SH8a	Reduce the number of individuals re-presenting within 6 months of discharge	8.9% (Mar 17)	Below NW Average	5.6% (Nov 17)			Re-presentations within 6 months (according to the NDTMS website) are lower compared to the national (10.4%) and North West (9.8%) averages. The Halton percentage has increased slightly from the same period last year (5.0%).
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4.0 CHILDREN AND YOUNG PEOPLES SERVICES

4.1 **Young Addaction:** During Q3 Young Addaction continued delivery of weekly drop in sessions at the following schools:

- Ormiston Bolingbroke Academy (due to need an extra session a week at OBA was initiated)
- Ormiston Chadwick Academy
- Saints Peter & Paul Catholic College

The average number of young people accessing weekly session was **28** this is an increase on last quarter. Information was given around alcohol and its impact on decision making, self-esteem, peer pressure and risk taking behaviour. During Q3 Young Addaction ran half term and Christmas activities and trips, engaging and offering diversionary activities open to the young people of Halton, where information and interventions were given around alcohol. Activities included: Ice Skating, Music Workshops, Velocity, Chill Factore, Trips, Pantomime, Sporting activities each weekend in local parks and open access sessions during the Christmas and New Year period.

In total 391 young people accessed the provisions of diversionary activities during the quarter with each YP completing at least 2 ITEP around alcohol and risk taking behaviour.

4.2 **Community based alcohol activity:** During Q3 Young Addaction delivered a series of alcohol awareness sessions across youth clubs, Mayors Award sessions and DofE sessions (and static weekend outreach venues). In total **515** young people were given a brief intervention within the youth club they attended.

During Q3 Young Addaction outreach team worked in hot spots areas identified by the police as ASB areas and also identified by the local authority as areas of potential CSE/Gang/Grooming across the borough. This equated to of **191** hours (evening, weekend and during the day in the

school holidays). In total **772** young people were given information, advice and guidance around alcohol (and other subjects) during the period and the holidays. **78** parents were also given IAG who attended some open sessions to raise awareness on YP substance misuse.

Alongside this, Addaction ran two cohorts of non-commissioned group work (added value) for Children in Care/GLAM programme and then also PHEW. **12** YP in Halton CIC, had work completed addressing alcohol, substances and risk taking behaviour.

4.3 Community Specialist Treatment: At the end of Q3 the Halton's young person's substance misuse service delivered by Young Addaction had **71** young people in service across HH, Tier 2 and Tier 3, with **15** being in treatment for substance misuse, of these 12 cited alcohol as their primary substance.

4.4 Support for children and young people affected by parental/sibling alcohol: During Quarter 3, **9** new young people accessed the Young Addaction Hidden Harm Service, 4 of those young people had parents whose main substance issue was stated as Alcohol. Referrals came from the adult substance misuse provider and GPs.

5.0 SPECIALIST COMMUNITY SERVICES FOR ADULTS

5.1 Effective Engagement of New Treatment Journeys: During Q2, **CGL** received **42** opiate referrals and **51** non opiate referrals. **18** clients engaged in Brief Advice/Support and **403** clients were actively engaged in structured treatment (304 opiates and 99 non-opiates). **18** clients were actively engaged in recovery support during this time.

The latest CGL internal report (Dec 2017) shows Halton has an effective engagement rate of **96.2%** for problematic drug users (PDU). For all drug users 18+, Halton is **98.4%**, which is 2nd highest among other CGL NW services.

The number of new treatment journeys year to date (Dec 2017) excluding Alcohol clients is **261**.

5.2 Treatment Exits, Completed Treatment: Latest CGL internal report (Dec 2017) shows Halton has a Recovery Rate (same as PHOF Indicator 2:15) for Problematic Drug Users (PDU) of **4.5%** which is the 7th highest of all other CGL NW Services. For all drug 18+ (excluding Alcohol) the figure is **16.9%**, 3rd highest in CGL NW Services, including Alcohol clients the figure is **27.5%**, 2nd highest in CGL NW Services.

- 5.3 Harm Reduction:** The percentage of eligible new treatment journeys (YTD) offered Hep B vaccination is higher than the 90% target and is currently at 100%. The percentage of new treatment journeys (YTD) offered Hep B vaccination who have started or finished a course of vaccination is above the 40% target at 50%. The percentage of new treatment journeys (YTD) previously or currently injecting who have been offered Hep C screening is 100% (YTD) which is same as last year (100%).
- 5.4 Detoxification:** During Q2, **7** community detoxifications were commenced with 3 completing during the period and there were no inpatient detoxifications. 1 client commenced a residential rehabilitation programme during the period.
- 5.5 Shared Care:** During Quarter 2 there were **27** clients engaged in Shared Care arrangements with Castlefields practice.

6.0 SUMMARY OF KEY ACHIEVEMENTS OVER LAST QUARTER

- 6.1 Lloyds Pharmacy:** CGL currently subcontracts Lloyd's pharmacy to deliver alcohol screenings and brief interventions across the wider Halton community, reaching those who may not attend treatment services. Currently, they are utilising 4 community pharmacies to provide this intervention – Lloyds pharmacy Hough Green, Lloyds pharmacy Runcorn Old Town, Murdishaw pharmacy and Cohens Pharmacy Liverpool Road.

During July – September period, 454 alcohol audit screenings were completed on those attending pharmacies. Of those screened, 60% were female and 40% were male. 95% of those screened scored under 8 on the audit screening – this would highlight low risk drinking behaviour. For those within this bracket, staff reinforced the safer drinking message with no further intervention required.

The remaining 5% were all offered brief interventions and onward referrals to CGL services however all declined. During the next quarter, Lloyds plan to record reasons for declining onward referrals to highlight barriers for accessing support and develop strategies to engage with those who are reluctant to attend services.

- 6.2 Safeguarding and Think Family:** During the quarter the Think Family team have seen a number of good stories and positive changes for 5 families. 2 families have seen their family being removed from a Child Protection Plan and stepped down to a Child in Need plan. Though both families remain upon a methadone prescription, the families have made measurable changes to their illicit drug use and lifestyle to warrant the step down. CGL

have been instrumental in this process through providing home visits, regular medical reviews and evidenced this in reports and attending meeting to review the family's progress.

Two families have seen their Child in Need plans closed due to there being a reduction in parental illicit substance use and an improvement in parental skills, with feedback from schools and nurseries as well as wider health professionals reporting that they are satisfied that risk to children has been reduced.

Currently CGL has 100 Service Users with open identified Safeguarding issues including those who are vulnerable adults and those service users with children. All staff are required to attend a safeguarding pod with one of the two designated safeguarding leads within the service. During the session, safeguarding cases are reviewed with the individual coordinator to ensure all measures are in place to reduce risk of harm to and/or from the individuals.

6.3 ETE – The Growth Company: Between July and September, the ETE coordinator received 47 referrals to support individuals with Education, Training and Employment. During this same period, they supported 5 people to gain permanent employment and 4 individuals to gain qualifications including food hygiene qualification and health and safety/construction qualifications.

6.4 Volunteer and Peer Mentors: In Q2 CGL launched a new “peer mentor diploma training programme”. This will take peer mentors on a 15 week programme designed to ready individuals to work in a professional environment with service users. The diploma is a level 2 qualification accredited by the registered body CERTA and is the equivalent to 3-4 GCSE qualifications. There are currently 16 Halton service users enrolled on this programme.

There are currently 5 fully trained peer mentors at CGL Halton, 16 trainee peer mentors, 6 volunteers and 5 service user representatives.

6.5 The recovery café: The Recovery cafe is currently running each Friday and recently served food to 60 people in one session. The cafe continues to generate donations each week which means it is able to run self-sufficiently in financial terms. The volunteers who run the café have met with environmental health and received training in support of health and safety when handling food and have recently been awarded a food rating of 5 for the café. The success of the café is down to the dedication and time given by the volunteers.

7.0 FINANCIAL UPDATE

7.1 The CGL Drugs and Alcohol Contract value is £341,250 per quarter. The contract value encompasses all aspects of community specialist drugs and alcohol treatment and prevention within the Service, including Community Detox and Community based treatment, and service user engagement.

8.0 EMERGING ISSUES

8.1 Opiate Clients: Whilst opiate successful completions have improved slightly over Q1, the service is currently below both the CGL and PHE national averages. During quarter one an initiative was taken to utilise the Recovery Support Coordinator to assist service users in the readiness for change process. This action gives individuals structured yet flexible support through the reduction and especially detoxification period.

Of the 15 clients identified at the beginning of quarter 1, 8 found the willingness and motivation to aim at getting to zero medication over a 10 - 12 week period. Service users are supported on a day to day basis via telephone, home visits and structured appointment within the service. There is a need to continue to review successful completions, particularly for alcohol and opiates. Whilst some improvement has been made around opiate completions, we recognise that this is ongoing, with improvements of local processes required.

8.2 Needle Exchange Services: We are implementing a pilot scheme with a number of local pharmacies to enhance the provision of needle exchange services. This will provide wider coverage including late night, 7 days per week availability in both Widnes and Runcorn areas.

9.0 LIST OF BACKGROUND PAPERS UNDER SECTION 100D OF THE LOCAL GOVERNMENT ACT 1972

None under the meaning of the Act.